

Connecting with God: The Contemplative Heart

Wylie United Methodist Church
Pastor Jeff Hatcher – September 5, 2021

Psalms 46:10-11

10 "Be still, and know that I am God; I will be exalted among the nations, I will be exalted in the earth." 11 The Lord Almighty is with us; the God of Jacob is our fortress.

The Contemplative Heart...

1. **CONNECTS DEEPLY WITH GOD THROUGH QUIET SOLITUDE**

Psalms 46:10

10 "Be still, and know that I am God..."

The Contemplative Heart has a...

2. **TREMENDOUS CAPACITY FOR PRAYER AND MEDITATION**

2 Timothy 1:5

5 I have been reminded of your sincere faith, which first lived in your grandmother Lois and in your mother Eunice and, I am persuaded, now lives in you also.

The Contemplative Heart has a...

3. **UNIQUE ABILITY TO DISCERN THE ACTIVITY OF GOD**

The Contemplative Heart is...

4. **MODELED BY CHRIST HIMSELF**

Matthew 14:13 (after John's beheading)

13 When Jesus heard what had happened, he withdrew by boat privately to a solitary place.

Mark 1:32-35

32 That evening after sunset the people brought to Jesus all the sick and demon-possessed. 33 The whole town gathered at the door, 34 and Jesus healed many who had various diseases. He also drove out many demons, but he would not let the demons speak because they knew who he was. 35 Very early in the morning, while it was still dark, Jesus got up, left the house and went off to a solitary place, where he prayed.

The Contemplative Heart can be vulnerable to...

5. **SECLUSION FROM FELLOW BELIEVERS**